

# Department of Taekwondo

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## What is Taekwondo?

The department's major function is to prepare students for professional career in Taekwondo (TKD), to teach theory and practice of TKD, and to establish a scholarly system by scientific background in theory. The department also trains competent leaders of TKD so that it will be known in every corner of the world. The department attempts to develop the students' techniques, personal attitudes, responsibilities, and ethical standards. Its program, therefore, includes both activities and theories to foster attitudes of critical observation and judgment with the necessary technical knowledge and specialized skills.

## Taekwondo at Kyung Hee

The TKD major gives students the opportunity to develop their talents, creativity, and skills, study TKD in depth, and prepare for a career in TKD or a related field. The curriculum prepares students for graduate programs in TKD and physical education, and other related fields. Students may wish to combine TKD in a double major with sports science as further preparation for a career in TKD/movement therapy. They may also wish to take courses in management and economics to prepare for a career as an art administrator, independent consultant, or small business owner. Fieldwork and internships provide students with the opportunity to work closely with a TKD professional, community project, or established TKD institution.

## Degree Requirements

To receive the Bachelor of Taekwondo, a student must:

- complete a minimum of 130 credit units.
- complete 9 units of Required Courses.
- complete 41 units of Technical Electives for the Department.

## Courses

Introduction of TKD, Poomse Theory, Competition Theory of TKD, and History of TKD. Elective courses for the major include the TKD Program, Coaching Methods of TKD, TKD Seminar, Teaching Methods of TKD, TKD Gym Management, and Demonstration Theory. Basic Movement, Poomse for Kup Holder, Poomse for Dan Holder, Meridians and Vital Spots, Special Movements, Hwalbub Method and Practice, and Competition Rules and Referee Methods.

## Careers and Graduate Destinations

Graduates are employed as T.K.D director, player, physical education teacher, body guard, etc.

## Faculty

Young-Ryul Choi, Ph.D. Kyonggi University, 2002, Professor, Competition Theory of Taekwondo, [yrchoi@khu.ac.kr](mailto:yrchoi@khu.ac.kr)

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